

Winter Camp Packing List

We can't ever be sure what to expect regarding weather so please plan on getting all the gear listed in this packet. The weather has been extremely different from one year to the next; we've had years that are sunny and 55 degrees, rain all weekend, some with just enough snow that everything is super muddy and others when we're knee deep in snow and it's 11 degrees when we go out for breakfast. Please read through the packing list carefully and borrow anything you don't think you'll use again rather than spend money on it.

The packing list is a combination of the camp's recommendations and items I think we'll need from my many, many years of camping in northern Arizona. The list might seem long and even a little excessive since we're only going to be gone two nights, but if we get to play in the snow (or the mud), the kids will be soaked! Please make sure they have plenty of warm clothes (dressing in layers is key up north) and an extra pair of shoes. **Dressing in LAYERS to be adjusted as needed is recommended: long johns under pants, a long sleeve under a sweater/sweatshirt and a jacket to go over it. Warm gloves and hats are important too.**

As we get closer to camp time and have a better idea of what to expect from the weather, I will let you know about things on the list that MAY be skipped. Until then, **PLEASE, DO NOT DISREGARD ANYTHING ON THE LIST!** Every year, without fail, a child has needed something from their list they (or their parents) chose not to pack.

PLEASE PACK EVERYTHING IN ONE BAG OR CASE YOUR CHILD CAN MANAGE ON THEIR OWN.

They will be packing luggage up and down rugged hills - not sidewalks - at best in the dirt but possibly in snow or mud and having to manage multiple bags is challenging.

PARTICIPANTS ARE ALLOWED ONE PIECE OF LUGGAGE AND A BACKPACK.

MUST HAVE ITEMS:

- Prescription medications and/or inhalers with dispensing instructions (Please have these in a Ziploc bag out and ready to be turned in upon check-in Friday. All meds are turned into our elected "medicine manager" and they dispense them as directed.)
- Dramamine, sea bands, or scopolamine patches for motion sickness if necessary. The ride to Payson has lots of curves and may cause motion sickness for those who are prone to it.
- Heavy Coat – They need to carry this on the bus with them and be sure it's okay if it gets wet in case we get to play in the snow! :)
- Gloves (2 pairs - in case they get too wet)
- Poncho, or raincoat (Rain up north can come on unexpectedly sometimes so better safe than soaked and cold.) *I recommend the ponchos* that can be purchased for \$1 in the camping section at Walmart because they are small, lightweight, easy to pack, and get put on over the kids' backpacks so everything is protected.
- Long sleeve-shirts & pants - two per day
- Socks & underwear - two pair per day
- Shoes - tennis shoes/boots (closed toes) - 2 pairs (Be sure they are shoes for heavy activity and won't be ruined if they get wet - we will be hiking through the camp, up and down hills, possibly in the rain, mud, or snow.)
- Warm PJ's
- Sunscreen AND lip balm -SPF 15 or higher (we will be outside 90% of the time and at the higher elevation burn time is shorter than in the Valley)
- Hygiene Items: Toothpaste, toothbrush, deodorant, brush and/or comb
- Feminine hygiene items (if appropriate)
- Pillow & Sleeping bag OR twin sheets & 3 or 4 blankets **(Place bedding items securely inside the luggage. When we load/unload, everything lands on the ground and if the ground is snowy/wet/muddy we'll end up with some messy pillows/blankets.)**
- Laundry bag with name on it - a trash bag works great! (Gotta keep those wet, dirty clothes off the clean dry ones when they get packed back into the luggage)
- Flashlight and extra batteries (we are outside hiking during night activities)
- Refillable water bottle that will NOT LEAK to be carried with them at all times in their backpack. I cannot stress enough the importance of a refillable water bottle. EVERY year we have at least one kiddo get sick from dehydration.
- Bible, notebook, pens/pencils (for quiet time with God)

Backpack to carry stuff around camp (Things to be carried in the backpack daily: WATER BOTTLE, sunscreen, lip balm, flashlight and extra batteries, rain poncho, Bible, and something to write with.)

MIGHT NEED ITEMS:

If you think your child will shower while we're away, please send appropriate hygiene items. Some kids don't shower away from home, which is totally fine, but if they do make sure they have what they need:

- 1 washcloth & bath towel
- Shower shoes - flip-flops to wear going to/from/in the shower
- Shampoo, conditioner, soap
- Plastic bag/bucket to take items to showers
- Blow dryer (if needed - don't want kids getting sick with cold, wet hair)

NICE TO HAVE ITEMS:

- Spending money for the snack & gift shop at camp (Probably not more than \$20)
- Stuffed animal
- Book
- Sunglasses

MUST NOT HAVE ITEMS:

Electronic devices such as: CD Players, Radios, Electronic Games, iPods, Cell Phones, etc.

Drugs Other than Prescription, Tobacco, Firearms or Fireworks, Alcohol, Weapons of any kind

None of these are allowed on the grounds and if brought will be taken away and NOT returned!

Campers should understand that violation of these rules may result in the contact of parents/guardians with the possibility of being sent home.

Please use this trip as an opportunity to teach your child pack their own bag so they know what they have, where to find it and how to pack it all back in their luggage when we leave.